

Kersley Communicable Disease Health & Safety Site Plan Effective March 19, 2022



This plan is in addition to the direction provided within the following supporting documents:

- Provincial COVID-19 Health & Safety Guidelines for K-12 Settings
- BCCDC's COVID-19 Public Health Guidance for K-12 Settings
- WorkSafeBC's Education (K-12): Protocols for returning to operation
- SD28 COVID-19 Communicable Disease Health and Safety Plan February 2022

Personal Measures

Parents/caregivers and students can utilize the <u>Daily Health Check & What to Do When Sick</u> resource for daily assessment of symptoms.

The daily sign-in at the main doors will confirm the staff/visitors' completion of the daily health check. Weekly reminders to complete the health check daily will be emailed on the Week at a Glance.

Stay Home When Sick / What to do When Sick

Students, staff or other adults must stay home if they are required to self-isolate. Additional information on self-isolation requirements and support is available from BCCDC.

Students, staff or other adults should stay at home when sick, as this is one of the most important ways to reduce the introduction to and the spread of COVID-19 in schools. The following resources provide guidance regarding specific symptoms of illness:

- When to get a COVID-19 test
- Daily Health Check & What To Do When Sick Tool
- Staff, students and parents/caregivers can also use the BCCDC online <u>Self-Assessment Tool</u>, call 8-1-1 or their health care provider.

Symptoms Develop at School

Staff and students who cannot be picked up immediately will isolate in the music room or medical room. Students will be supervised while waiting. Supervising staff should have a non-medical mask and face shield available if they are unable to maintain physical distance, avoid touching bodily fluids as much as possible, and practice diligent hand hygiene.

Parents or caregivers must pick up their child as soon as possible if they are notified their child is ill.

Returning to School after Illness

Students, staff, and other adults may return to school when symptoms improve and they feel well enough, unless directed to self-isolate. (See Appendix A)

Hand Hygiene and Respiratory Etiquette

Hand cleaning facilities are available throughout Kersley Elementary. Diligent hand hygiene and respiratory etiquette will be promoted in classrooms and via announcements.

Hand sanitizer is available at the South and North entrances of the school building and in classrooms.

Personal Protective Equipment

Masks

The decision to wear a mask or face covering is a personal choice for staff, students and visitors. A person's choice should be supported and respected. Refer to Supportive School Environments for more information.

Schools should continue to have non-medical masks on hand for those who have forgotten theirs but would like to wear one, or who become ill at school

Administrative Measures

Gatherings and Events

School extracurricular and social gatherings and events (including those occurring within and between schools) are in line with those permitted as per relevant local, regional, provincial and Federal health recommendations and <u>Orders</u>.

- For school gatherings and events that bring together multiple classes or groupings of students (e.g., school assemblies, multiple classes doing a single activity) from the same school there is not a specific capacity limit.
- For school extracurricular and social gatherings and events that bring together members of the school community beyond staff, students and necessary volunteers (e.g., an arts club performance, community fair), or that occur between schools (e.g., a music festival, a sports game or tournament), indoor capacity should not exceed 50 people or 50% of operating capacity (whichever is greater).
- For indoor spaces without a defined operating capacity, schools should determine a capacity limit that is at most half the number of individuals that would be within the space for that activity or event if prevention measures weren't in place.
- Schools should not implement proof of vaccination requirements for school-led gatherings and events.

Spectators (e.g., parents, caregivers, peers), may be present for gatherings and events (e.g., attend performance, club, theatre productions, inter-school sports games and tournaments, etc.) within capacity limits as set out above.

Sports:

- BC School Sports have resumed school tournaments and events. All events are required to implement the K-12 communicable disease prevention measures as outlined in the Provincial COVID-19 Communicable Disease Guidelines for K-12 Settings and the Addendum - Provincial COVID-19 Communicable Disease Guidelines for K-12 Settings. The prevention measures and implementation examples are summarize here.

Visitor Access/Community Use

Designated Entrances

- Division 1 Outside Classroom Entrance (at back of school)
- Division 2/Visitors South Entrance (front of school)
- Division 3 North entrance
- The entrances will be locked
- Visitors are limited to those that are supporting activities that are of direct benefit to student learning and wellbeing.
- Schools can return to routine sign in/sign out practices for visitors and staff not typically onsite. Schools do not need to keep a list of the date, names and contact information of visitors for communicable disease prevention purposes. Parents/caregivers and other visitors should respect others' personal space while in school grounds, including outside.

Parents and visitors must contact the office 250-747-2624 or principal 250-255-0473 to arrange appointments. When they arrive, they must contact the office to enter the school. They are required to sign-in at the desk and wear a mask when indoors.

We encourage parents to remain outside the school for drop-off and pick-up.

Cleaning and Disinfection:

- General cleaning and disinfecting of the premises will occur at the end of each day.

- Frequently-touched surfaces will be cleaned and disinfected once a day
- Paper hand towels will be provided rather than hand dryers.
- Water fountains and bottle filling stations are available. Students are encouraged to bring their own water bottle to and from school each day.

Personal Space

Schools can return to classroom and learning environment configurations and activities that best meet learner needs and preferred educational approaches, though should still consider implementing strategies to help create space between people and to support students and staff using a trauma-informed approach.

- Implement strategies that prevent crowding during class transition and break times
 - Regular learning activities that bring together multiple classes (e.g., exams, physical education) should be spread out across multiple locations/spaces whenever possible but do not need to be reduced in size.
 - Each class has separate entrances to avoid crowding so staggering breaks and transitions is not necessary.

Staff Spaces

• Staff only gatherings will be held in person following the guidelines for gatherings stated above. (e.g., staff meetings, in-service and professional development activities)

Updated: March 17, 2022. The Health and Safety Committee will meet as required to make any changes to the above plan.

Daily Health Check and What to Do When Sick

Daily Health Check

Everyone going into to school must complete a daily health check, including staff, visitors, and students. A daily health check means checking yourself or your child for new symptoms of illness, including symptoms of COVID-19.

Symptoms of illness (including COVID-19) include things like:

- Fever or chills
- Difficulty breathing
- Runny nose
- Headache
- Diarrhea

- Cough
- Sore throat
- Sneezing
- Body aches
- Loss of sense of smell or
 taste
- Loss of appetite
- Extreme fatigue or tiredness
- Nausea or vomiting

If you are sick or feel unwell, stay at home. This is important to stop the spread of illness, including COVID-19, in schools.

You can attend school if:

- Your symptoms are consistent with a previously diagnosed health condition (e.g., seasonal allergies), OR
- You have existing symptoms that have improved to where you feel well enough to return to regular activities,

AND you are not required to self-isolate, or your self-isolation period is over (based on a positive COVID-19 test result, if taken).

What to Do When Sick

If you have mild symptoms of COVID-19, you usually don't need a test. Mild symptoms are symptoms that can be managed at home. Most people don't need testing for COVID-19.

Stay home and away from others (as much as possible) until you feel well enough to return to your regular activities and you no longer have a fever. You should also avoid non-essential visits to higher risk settings such as long term care facilities and gatherings, for another 5 days after ending isolation.

If you have a Rapid Antigen Test at home, use it when you have symptoms. How long you should stay home depends on your test result. Find out more about Rapid Antigen Test results.

If you do not have symptoms of COVID-19, you do not need a test.

If you are unsure about your symptoms, you can use the <u>Self-Assessment Tool</u>, contact your health care provider or call 8-1-1.

Testing may be recommended for some people who may be more likely to get severe disease. See BCCDC for information on who testing is recommended for.

What to Do if Someone in Your Household is Sick

You can continue to attend school if someone in your household is sick and/or self-isolating as long as you do not have any symptoms of illness and feel well. This includes if they have tested positive for COVID-19.

Try to stay apart from the person in your household who is sick as much as possible.

Ensure you closely monitor yourself (or your child) for symptoms of illness and stay home if you develop symptoms of illness or feel unwell.

If You Test Positive for COVID-19

Your age and vaccination status determine how long you should self-isolate for if you test positive for COVID-19.

Age	Vaccination Status	Guidance
Under 18 years of age	Unvaccinated, partially vaccinated or fully vaccinated	Self-isolate at home for 5 days AND until your symptoms improve and you no longer have a fever. Avoid non-essential visits to higher risk settings like long- term care facilities and gatherings for another 5 days after ending isolation.
18 years of age or older	Fully vaccinated	
	NOT fully vaccinated	Self-isolate at home for 10 days AND until your symptoms improve and you no longer have a fever.

Close contacts, who are usually others in your household, do not need to self-isolate (regardless of vaccination status), but should closely self-monitor for symptoms. BCCDC has more information for close contacts.

If you find it hard to breathe, have chest pain, can't drink anything, feel very sick, and/or feel confused, contact your health care provider right away or go to your local emergency department or call 9-1-1.

Summary: What to Do When Sick

If you have symptoms of illness, stay home. Go to an emergency Most people don't need testing for COVID-19. Use BCCDC Self-Assessment Tool, or department or call 911 connect with 8-1-1 or your health care provider to find out if a COVID-19 test is if you: recommended. Find it hard to breathe Symptoms of COVID-19 include: Have chest pain Fever or chills Difficulty breathing Sneezing Body aches Can't drink anything Cough Sore throat Extreme fatigue or Nausea or Feel very sick Loss of sense of Loss of appetite tiredness vomiting Feel confused smell or taste Headache Diarrhea Runny nose If you TEST POSITIVE: SELF ISOLATE If you have MILD SYMPTOMS (or have tested negative) Complete an online form to report your test result STAY HOME. 2. Manage your own symptoms For most people, testing is not recommended. 3. Let your household contacts know Mild symptoms can be managed at home. If you are fully vaccinated OR less than 18 If you are 18 years of age or Return to years of age older AND not fully School/Work vaccinated You can end isolation and return to school/work Stay home until you feel when all conditions are met: You can end isolation and return well enough to return to to school/work when all 1. At least 5 days have passed since your your regular activities. conditions are met: symptoms started, or from test date if you did not have symptoms. 1. At least 10 days have passed 2. Fever has resolved without the use of feversince your symptoms started, reducing medication, such as acetaminophen or from test date if you did or ibuprofen. not have symptoms. 3. Symptoms have improved 2. Fever has resolved without the use of fever-reducing You should avoid non-essential visits to higher risk medication, such as settings such as long-term care facilities and acetaminophen or ibuprofen. gatherings for another 5 days after ending 3. Symptoms have improved. isolation.

If you still have symptoms

Continue to isolate longer if you still have a fever or are not feeling better.

If you are unsure or concerned connect with your health care provider or call 8-1-1.

What to do if someone is sick in your household:

You can continue to attend school if someone in your household is sick and/or self-isolating as long as you do not have any symptoms of illness and feel well. This includes if they have tested positive for COVID-19. Ensure you closely monitor yourself (or your child) for symptoms of illness and stay home if you feel unwell. The best way to protect yourself and your family from COVID-19 is to get vaccinated. Vaccines are available for anyone ages 5 and up. Register now at:

Getvaccinated.gov.bc.ca